

Annexure-X

Maharashtra University of Health Sciences, Nashik

Inspection Committee Report for Academic Year 2025-2026

Webinar/Workshop/CME/Activities/ Performed in Last One Year.

All report must be available on web site

Name of the College /Institute:-Dr.Daulatrao Aher College of Nursing Faculty:-Nursing

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on College website)

Sr .No	Details of Webinar/ Workshop/CME/ Activities/ Perform Supportive document to be uploaded on web site
1.	Orientation program on anti-ragging committee & session by Mr.Pankaj Burkule And Ms.Sandhya Milke NGO Sani Foundation ,Nashik.
2.	Guest Lecture on Motivation, Guidance and counseling for 1 st Semester B.sc Students
3.	POSH training for faculty and staffs By.Dr.Ashok Deshpande Sir.
4.	Arranged Training on Fire Safety at SMBT Hospital.
5.	Stress management workshop For students and faculty By Ms.Anita Vyas Clinical Psychologist.
6.	FDP conducted By Dr.Ashok Deshpande On Communication Skills ,Team work,Conflict management.
7.	Faculty Attended CPD program IN MVP CON Nashik.
8.	Students Attended workshop in Bhonsala Nursing College, Nashik On Topic Disaster management.
9.	Celebrated Vardhapan Din and foundation day of MUHS

Here by I declare all relevant document uploaded are clear and visible on web site & are true as per my knowledge& Belief

Any Other, Please Specify: -

DR.DAULATRAO AHER COLLEGE OF NURSING, NASHIK

BSC NURSING IIND SEMESTER (2024-2025)

REPORT ON POSH (PREVENTION OF SEXUAL HARASSMENT) TRAINING

DATE:28/06/2025

TIME: 10:00AM TO 1:00PM

The Posh Training was organized by the Indian Society For Training & Development In Nashik, **Mr.Ashok Deshpande Sir** to provide a platform to bring about the awareness on the POSH on June 28TH 2025 At 10:00am to 1:00 pm. We are an educational institution that makes a significant contribution to society.

1. OBJECTIVE OF THE TRAINING

To sensitize students, faculty, and staff of [Name of Nursing College] about the **Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013**, and to promote a safe, respectful, and inclusive environment in the academic and clinical settings.



INTRODUCTION

POSH Act:

Explain the key provisions of the POSH Act, such as the constitution of the Internal Complaints Committee (ICC), the complaint mechanism, and the consequences of non-compliance

DEFINING SEXUAL HARASSMENT:

Explain the legal definition of sexual harassment, including unwelcome conduct of a sexual nature, such as physical advances, requests for sexual favors, or other verbal or non-verbal conduct of a sexual nature.

- **BUILDING A CULTURE OF RESPECT:**

Discuss the importance of fostering a culture of respect, empathy, and inclusivity within the college.

- **PROMOTING OPEN COMMUNICATION:**

Encourage open communication and dialogue about issues of harassment and create a safe space for reporting concerns.

- **BYSTANDER INTERVENTION:**

Educate students on the importance of bystander intervention and how to safely intervene when witnessing or suspecting harassment.

Our responsibility is to educate our staff and students on the Prevention of Sexual Harassment Act's guidelines and penalties. The resource person discussed the distinction between physical abuse and sexual harassment, pointing out that physical abuse results in pain, injury, or other physical suffering while sexual harassment causes mental anguish.



ROLE PLAY



FEED BACK

The training session was effective in raising awareness among nursing students and staff about the importance of a harassment-free learning and working environment. [DR.Daulatrao Aher College Of B.SC Nursing, Nashik] reaffirms its commitment to upholding dignity, safety, and equality for all.

R. Shaujan
28/06/25
Principal
Sahyadri Seva Sanstha's
Dr. Daulatrao Aher
College of Nursing, Nashik



**SAHYADRI SEVA SANSTHA'S
DR. DAULATRAO AHER COLLEGE OF NURSING
REPORT ON STAFF DEVELOPMENT PROGRAMME
CONDUCTED ON: 15TH SEPTEMBER 2025**

Date : 15th September 2025

Time : 10:00 AM TO 1:00 PM

Venue : Seminar Hall, Sahyadri Seva Sansthas

Dr.Daulatrao Aher Collage of Nursing, Nashik

Topics Covered : Staff Development Program on Personality Development, Communication Skills, Team Work, and Work-Life Balance

Introduction

A Staff Development Program was conducted on Personality Development, Communication Skills, Team Work, and Work-Life Balance with the objective of enhancing the overall personal and professional competencies of the staff members. The program aimed to empower participants with effective communication, positive personality traits, team spirit, and strategies to maintain a healthy balance between professional and personal life.

Objectives of the Program

1. To develop interpersonal and communication skills.
2. To enhance personality traits for professional growth.
3. To strengthen teamwork and collaborative skills.
4. To create awareness on maintaining work-life balance for better productivity and well-being.

Program Highlights

- **Personality Development:** Sessions included self-awareness, confidence-building, positive attitude, and grooming for professional effectiveness.

- **Communication Skills:** Focused on verbal and non-verbal communication, active listening, public speaking, and effective workplace communication.

- **Team Work:** Activities and group discussions were organized to encourage collaboration, leadership, conflict management, and mutual support among team members.

- **Work-Life Balance:** Participants were guided on stress management, time management, prioritization of tasks, and maintaining a balance between professional responsibilities and personal commitments.

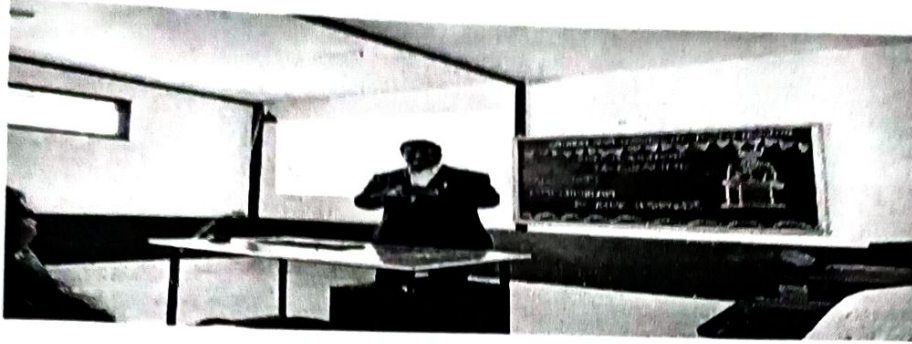
Outcomes of the Program

- Improved self-confidence and professional etiquette among staff members.

- Enhanced communication and interpersonal skills for effective interaction.
- Strengthened team spirit and collaborative working environment.
- Increased awareness about stress management techniques and balancing work with personal life.

Conclusion

The Staff Development Program proved to be highly beneficial for the participants. It not only contributed to their personal and professional growth but also created a positive impact on workplace culture. The sessions were interactive, informative, and motivational, enabling staff to perform better both individually and collectively.



Schaugare
24/04/25
Principal
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